Distance Learning to Support Students with Significant Intellectual Disabilities

Choice Board for Post-Secondary Skills

Activities for Post-Secondary Skills

Pick a job interview video to review. Write down which interview you watched and your thoughts about the job.	Practice time management. Practice setting an alarm clock or timer to begin distance learning afternoon activities. Take pictures of the time you set.	Practice following directions. Have a family member give you directions to complete a chore, a task, or a distance learning assignment. Take a picture of completed task.
Complete a household chore. Take a picture of the task you completed.	Click on the whodouwant2b website. Choose two career pathways to research and watch the videos. Jot down some notes. Be ready to share your thoughts.	Follow a picture <u>recipe</u> to create a meal. Take a picture of final product.



